



## TO BEGIN & SHARE

Para Compartir

### SPANISH MIXED BOARD €18

Tabla Española de Embutidos y Quesos

A hand-picked selection of Serrano ham, chorizo, salami, and a trio of cheeses, Brie, Durus and smoked cheddar, served with our selection of toasts (1a, 7, 12)

### SOURDOUGH, WITH TOMATO & SERRANO €14

**Pan Con Tomate Y Jamon** Crispy sourdough rubbed with fresh tomato, serrano ham, rocket and a touch of pickle. Simple, classic, delicious (1a, 12)



### SMOKED ALMONDS €5

Almendras Ahumadas (8c)(Vn).

### SPANISH SMOKED CHEESE TOAST €14

Tosta de Queso Ahumado Español

Garlic and rosemary buttered toast with melted smoked cheddar and mozzarella, finished with a drizzle of pesto oil (1a, 7, 8d)(V).

### SPANISH MARINATED OLIVES €5

Aceitunas Marinadas

A bowl of plump Spanish olives, marinated in herbs and citrus (Gf)(Vn).

### ALLERGENS

(V) Vegetarian (Vn) Vegan (Gf) Gluten Free

**Contains:** Cereals containing gluten (1a - Wheat) (1b - Barley) 2 - Crustaceans 3 - Eggs 4 - Fish 5 - Peanuts 6 - Soy 7 - Dairy 8 - Nuts (8a - Walnuts 8b - Hazlenuts 8c - Almonds 8d - Pinenuts) 9 - Celery 10 - Mustard 11 - Sesame Seed 12 - Sulphur Dioxide 13 - Lupin 14 - Molluscs  
Although we make every effort to minimize the risk of cross-contamination, we cannot guarantee that any of our products are 100% free of allergens.

## MEAT

Carne All our beef is of Irish origin

### HAM & BECHAMEL CROQUETTES. €8.75

**Croquetas de Jamón Serrano**

Crisp golden croquettes filled with Serrano ham and creamy béchamel, served with balsamic glaze (1a, 3, 6, 7, 12).



### MARKETBAR MEATBALLS €9

Albóndigas en Salsa

Our signature blend of beef and pork in rich homemade marinara sauce, a house favorite (1a, 3, 7, 12).

### CHICKEN SKEWERS €11.5

Brochetas de Pollo

Tender chicken marinated with Cajun spice and citrus, served with saffron mayo and a crisp side salad (3, 10, 12)(Gf).

### CREAMY CHICKEN THIGHS €9.25

Pollo a la Crema de Vino Blanco

Oven-roasted chicken in a silky white wine and shallot cream, topped with chili and parsley (6, 7, 12)(Gf).

### CHORIZO IN RED WINE €12

Chorizo al Vino

Spanish chorizo simmered in red wine, served with sourdough for soaking up every drop (1a, 12).

### BEEF NACHOS €12.75

Loaded nachos with seasoned beef, cheddar, sour cream and jalapeños (7, 12)(Gf).

### SLOW-COOKED BEEF CHEEK €11.75

Carrilleras de Ternera

Melt-in-the-mouth beef cheek in a rich tomato and balsamic reduction (Gf).



### SPICY CHICKEN WINGS €11.75

Alitas de Pollo Picantes

Crispy wings tossed in our house hot sauce, served with blue cheese dip (3, 6, 7, 10, 12)(Gf).

### BBQ PORK RIBS €12.25

Costillas de Cerdo a la Barbacoa

Tender ribs coated in our sticky red-wine BBQ sauce (6, 12)(Gf).

## FISH

Pescado

### GAMBAS PIL PIL WITH CRISPY NDUJA €11.50

Gambas al Pil Pil con Nduja Crujiente

Atlantic prawns sautéed in garlic, chili, and white wine butter with a hint of spicy nduja, served with sourdough (1a, 7, 2, 12).



### SEAFOOD SKEWERS €13

Brochetas de Marisco

Grilled salmon, prawns, and hake with sweet chili glaze and a crisp side salad (2, 4, 12)(Gf).

### HAKE TEMPURA €9.25

Tempura de Merluza

Light, crispy hake served with roasted red pepper coulis (4, 6)(Gf).

### SAUTEED MUSSELS €10.50

Mejillones Salteados en Salsa de Chorizo

Fresh mussels cooked in smoky chorizo sauce with spring onion (12, 14)(Gf).

### CRISPY CALAMARI €8.50

Calamares Fritos Crujientes

Golden-fried squid rings with lemon drizzle, smoked paprika, and garlic mayo (3, 6, 10, 14)(Gf).



### ANCHOVIES €9

Boquerones en Vinagre

White anchovies in vinegar, served on toasted sourdough with olive tapenade and cherry tomato (1a, 4, 12).

### OPEN SMOKED SALMON €12.5

Tostada de Salmón Ahumado

Smoked salmon on toasted sourdough with crème fraîche, pickled onion, and cucumber (1a, 4, 7).

## SIDES

Acompañamientos

### PATATAS BRAVAS (PEQUEÑAS) €5.75

Crispy potatoes with spicy marinara and garlic mayo (3, 6, 10, 12)(Gf)(V).

### CORN RIBS €5.75

Costillas de Maíz

Crispy corn tossed in piri piri seasoning (6)(Gf)(Vn).

### SAFFRON SPANISH RICE €5.75

Arroz Español al Azafrán

Traditional Spanish rice with carrots and peas (Gf)(Vn).

## VEGETARIAN

Vegetariano

### PATATAS BRAVAS (GRANDE) €8.75

Crispy potatoes with spicy marinara and garlic mayo, a Market Bar classic (3, 6, 10, 12)(Gf)(V).

### PADRON PEPPERS €8.75

Pimientos de Padrón

Blistered and salted, the perfect salty snack (6)(Gf)(Vn).

### VEGETABLE SKEWERS €9.25

Brochetas de Verduras

Charred seasonal vegetables served with our homemade romesco sauce and a crisp side salad (8c, 12)(Gf)(Vn).

### GOAT'S CHEESE SALAD €10.25

Ensalada de Queso de Cabra Goat's cheese with fennel, orange, pickled carrot and citrus dressing on mixed leaves (7, 12)(Gf)(V).

### SMOKED CHEESE CROQUETTES €8.75

Croquetas de Queso Ahumado

Golden croquettes filled with smoked cheese, drizzled with balsamic glaze (1a, 3, 6, 7, 12)(V).

### TOMATO & MOZZARELLA €11.75

Tomate y Mozzarella

Heirloom tomatoes and mozzarella with basil pesto and a drizzle of balsamic glaze. Simple, fresh, and perfect (7, 8d)(Gf)(V).

ALL THE FOOD IS SERVED  
TAPAS STYLE

So it comes when it's

HOT & READY

### TENDERSTEM BROCCOLI €8.75

Brócoli

With crushed hazelnuts and herb mayo (3, 8b, 10, 12)(Gf)(V).

### HOUSE SALAD €7.75

Ensalada de la Casa

Mixed leaves, parmesan, and balsamic dressing (7, 12)(Gf)(V).