

RITEC

BITES		
BBQ BEEF NACHOS	S	⁶ 13
Nachos served with marinat and guacamole · vegetarian	ed beef, mixed peppers, red or option available (v, 10)	nions, jalapeño
TACOS (3pc): Served as sets, mixing is not	available	
BEEF Corn tortilla filled with white cabbage and salted beef, dressed with sour cream, avocado purée and beef jus (7)	SEAFOOD Corn tortilla filled with blanched fennel and fresh mixed seafood, dressed with sour cream and avcado purée (2, 4, 7, 14)	VEGETARIAN Corn tortilla filled with, pickled carrot and beetroot, guacamole and jalapeño, dressed with sour cream (7)
MEAT All our beef is of Irish origin		FISH
CHICKEN SKEWER Chicken breast marinated w citrus, served with a saffron	FRIED OCTOPUS Octopus slow-cooked, then with pickled peppers and c	
SLOW COOKED PORKBELLY 14.5 Slow-cooked porkbelly with honey garlic and rosemary glaze, served with mashed potatoes pickled peppers and crispy garlic (7)		SEAFOOD TEMP Prawns, squid and hake sauce (2,3,4)
SPICY CHICKEN W Crispy chicken wings coated served with blue cheese dip	GLAZED SALMO Orange glazed salmon se calamelized fennel wedge	
SIRLOIN STEAK 6 Oz Sirloin steak served wit caramelised onion, homema with beef Jus (7)	1	CEVICHE Selection of fresh mixed coriander, marinated in served with sourdough by
CHORIZO AL VINO Confit chorizo with pork glas served with sourdough bread	ze and aioli,	GAMBAS PIL PII Atlantic prawns with chii served with sourdough br
MARKETBAR MEA Beef and pork house blend m in a homemade tomato sauce	eatballs served	TAPAS
DUCK A LA NARAN Seared duck breast with oran caramelised carrots sticks an broccoli	ige glaze, served with	So it con
SIDES		GROUP For groups of 8 or
PATATAS BRAVAS		MARINATED BBQ BEE
SAFFRON SPANISI Traditional flavoured spanicarrots (Vn)		MARKETBA PADRON
TENDERSTEM BRO Tenderstem broccoli served u and herb mayo (3, 8b, 10, 12)		ROASTED
HOUSE SALAD Mixed fresh leafs with mane.		PATATAS GAMBA
and balsamic glaze (7) (V)		AND CRIS
Focaccia Bread served with a Balsamic vinegar dip (1a, 5,		CHICKENDESSERT OF

EGETARIAN

(1a. 3. 7)

PULLED PORK

Pulled pork and potato croquettes served with smoked chili mayo

CROQUETTES (3pc):

Served as sets, mixing is not available

BEEF

Pulled beef and potato croquettes served with smoked chilli mayo (1a, 3, 7)

GOAT CHEESE & NDUJA DIP 69
Goat cheese with crispy nduja served with sourdough bread (1a, 7)

VEGETARIAN

Mixed vegetables and potato croquettes served with wasakaka (1a, 3, 7)

FRIED OCTOPUS	"1/
Octopus slow-cooked, then fried served on chorizo with pickled peppers and chimichurri (4, 7, 12)	cream
SEAFOOD TEMPURA Prawns, squid and hake served with tartar sauce (2, 3, 4)	[¢] 15
CLAZED CALMON	640

GLAZED SALMON18 Orange glazed salmon served on quinoa salad with calamelized fennel wedges and tzatziki sauce (4,7)

Selection of fresh mixed seafood, peppers, red onion, coriander, marinated in lime and lea perrins sauce, served with sourdough bread (1a, 2, 4, 14)

GAMBAS PIL PIL WITH NDUJA '16

Atlantic prawns with chilli butter and crispy nduja, served with sourdough bread (1a, 2, 7)



HOT & READY

GROUP MENU

For groups of 8 or more.

€**32.**95 pp

MARINATED MIXED OLIVES

BBQ BEEF NACHOS

MARKETBAR MEATBALLS

PADRON PEPPERS

ROASTED VEGETABLES

PATATAS BRAVAS

GAMBAS PIL PIL AND CRISPY NDUJA

CHICKEN SKEWERS

DESSERT OF CHOICE . 5 pp

VEGETARIAN

TROPICAL SALAD	£ 12. 5
Mixed leaves, grilled mango and pineap	ple,
orange wedges, pickled carrots and pome	egranate,
with mango dressing (Vn)	

Goat cheese, fennel, orange wedges, pickled carrots

and orange dressing on a bed of mixed leaves (7) (V) CAPRESE SALAD 14.5

Beef heirloom tomatoes, buffalo mozzarella with classic pesto (7, 8) (V)

VEGETABLE TEMPURA..... Cauliflower, sweet potato and courgette, served with chilli smoked mayo (3, 10) (Vn)

PADRON PEPPERS 9.5

Panfried peppers with smoked sea salt (Vn)

Roasted seasonal mixed vegetables with homemade hummus and romesco sauce (8c, 11) (Vn)

Add on any extra sauce for 61

MARKET MENU

One menu per person

32.95 pp

TWO TAPAS · ONE SIDE DESSERT OF CHOICE . 5 pp

Sirloin steak, Duck a la naranja and Glazed salmon are not included in the dinner menu

ALLERGENS

(V) Vegetarian (Vn) Vega	n 8- Nuts
1- Cereals containing	8a - Wallnuts
gluten (1a) Wheat	8b - Hazlenuts
(1b) Barley	8c - Almonds
2- Crustaceans	9- Celery
3 - Eggs	10 - Mustard
4- Fish	11- Sesame Seed
5- Peanuts	12- Sulphur Dioxide
6- Soy	13- Lupin
7- Milk	14- Molluscs

NEGRONI				anamananananananananananananananananana
Campari, red vermouth and gin (12) OLD FASHIONED	Aperol, frizzante and HUGO SPRITZ Elderflower liqueur, fr. soda (12) LIMONCELLO S Limoncello, frizzante MOJITO	*14.5 Frizzante, mint and *14.5 and tonic *14.5	PORNSTAR MARTI Vanilla vodka, pineapple justruit puree, vanilla syrup & COSMOPOLITAN Vodka, triple sec, cranberry, lime juice ESPRESSO MARTI Vodka, espresso, vanilla syrucoffee liqueur (12)	ice, passion frizzante (12)
Gin or vodka, dry vermouth and lemon skin (12) RED WINES PORCUPINE CABERNET SAUVIGNON		•	MARGARITA Tequila, triple sec, simple sy, lime juice Spicy Margarita Availab	rup and
South Africa · Bold-structured with dark fruits, mocha and fine French oak nuances (12) PORRAIS DOURO TINTO Portugal · Red fruit & spice notes, Oak (12)	⁶ 11 · ⁶ 43	New Zealand • Punchy, grap	GNON BLANC Defruit notes, tropical (12)	
FUEGO TEMPRANILLO Spain · Berries, plums, vanilla, herbs (12) ALEGRO RIOJA RESERVA Spain · soft & fresh with an elegant structure and flavours of red fruit compote, vanilla & cinnamon (12)		Italy · Vibrant and punchy, was a scattering of tropical stone fr	GRIGIO white peach and passionfruit with wits (12) ARDONNAY ay, crisp, citrus & full of flavour (12)	⁶ 9.5 · ⁶ 36
MARQUES DE VERDELLANO TEMPRAN Spain • Medium-bodied, red fruit notes (12) SAINT MARC MERLOT France • Fruity and easy to drink, black cherry, soft tann and a chocolate aftertaste (12)		Spain · Crisp, lemon notes, fr PORRAIS DOURO BF	esh (12) RANCO clicate colour & citrus acidity (12)	
ARTESANO DE ARGENTO MALBEC ORO Argentina · Lively red with notes of plums, tobacco & oak CASTELLANI CHIANTI CLASSICO Italy · Bodied & fruity with a final touch of cherries & bla		Spain • Lively pale gold colou notes, and white flower aroma: AUTENTICO BOBAL	· ROSÉ	
SANGRIA Red & White Sangria, made with seasonal fruits	Glass '8.5 Jug '25		IILLO · ROSÉ	fruit (12)
BOTTLES (16.12)		BUBBLES		
HEINEKEN CORONA HEINEKEN 0.0	6. 7	Italy · Crisp, lemon, fresh not TORRE ORIO CAVA		
CORONA 0.0	⁶ 6.2	Spain • Dry, light, and fresh MISTINGUETT CAVA Spain • Creamy, fruity, well-	BRUT	55
DRAFT (16, 12) 5 LAMPS IPA		MISTINGUETT CAVA Spain · Soft, fresh creamy fru	BRUT ROSEit (12)	55
5 LAMPS LAGER 5 LAMPS RED ALE SAN MIGUEL BULMERS		France • Bold, citrus, acidic On every bill is added a discre If you wish to have it removed,	N BRUT CHAMPAGNE (12) tionary 12.5% gratuity, of which goes please ask our staff or the duty man ber pp · Unlimited refill of still & sp	s to all the staff. ager.